



HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

HAPPY SPA WEEK CÔTE d'AZUR PRESS KIT

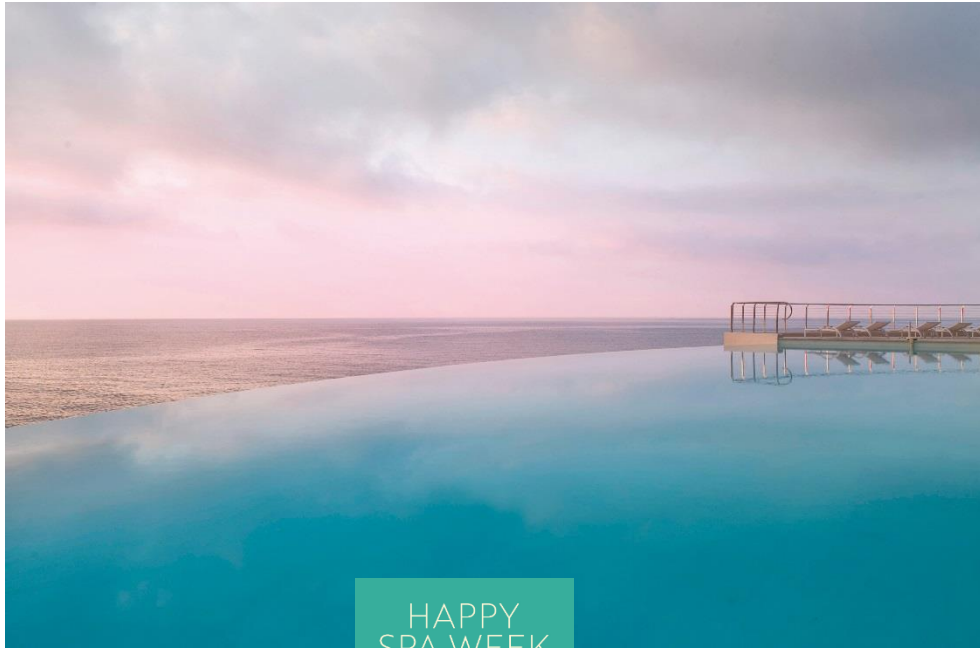
CÔTE d'AZUR
FRANCE

www.cotedazurfrance.fr

www.happyspaweeek-cotedazur.com

 DÉPARTEMENT
DES ALPES-MARITIMES

COMITÉ Régional de Tourisme
CÔTE d'AZUR
FRANCE



Cap Estel – Eze

Le Mas Candille - Mougins

HAPPY
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FRANCE



Happy Spa Week Côte d'Azur, for a gorgeous weekend away

When's the best time to visit the Côte d'Azur? Ask anyone and they'd probably say the summer, from May to September. It seems so obvious, and yet this wasn't always the case. Up until the Roaring Twenties, the elite holidayed in Nice, Cannes and Monaco for the region's balmy winter weather. European aristocrats and American billionaires flocked to the Côte d'Azur's luxury residences in the autumn, never the summer, and then left as soon as spring began to bloom.

Are those heady days now gone for good? Absolutely not, according to the tourism industry. The Côte d'Azur continues to live, enthrall and dazzle long after the last sun-loungers are packed away, when it is free to unfurl its full arsenal of assets and its luminosity is at its apex. From Roman ruins to medieval streets, Belle Époque gems to museums of modern art, not to mention some of Europe's most glorious golf courses, incredible dining and shopping experiences... Another asset worth mentioning is the region's spas.

The Côte d'Azur is one of Europe's leading well-being destinations, mainly due to its vibrant luxury hotel scene. Eager to meet their clients' expectations, almost all top establishments boast their very own spa. These well-being centres have partnered up with leading on-trend laboratories to come up with offers that combine high performance and refined elegance.

To showcase this offer and to add yet more lustre to their appeal, their operators have joined forces with the Côte d'Azur Regional Tourism Committee and Principality of Monaco to launch a large-scale publicity campaign. Its name? The Happy Spa Week Côte d'Azur. The concept? Two promotional weeks (20 to 26 November 2017 and 19 to 25 March 2018) in around fifteen spas and their associated hotels. Total well-being and mindful prices - who could resist?

The cherry on the cake is that guests will also be able to snap up the brand-new Côte d'Azur Golf Pass, a one-stop passport giving them access to the Côte d'Azur's top golf courses. And this is only just the beginning. Starting next year, the Happy Spa Week Côte d'Azur will add a host of new cultural and artistic activities to its books. So, when August next rolls around, don't be too quick to use up your holiday. Remember to save a few days to come and see us throughout the winter!

Christine Zoliec
General Manager
Thermes Marins de Monte Carlo SBM

Thierry Naidu
Group CEO
Hôtelier Phoenix

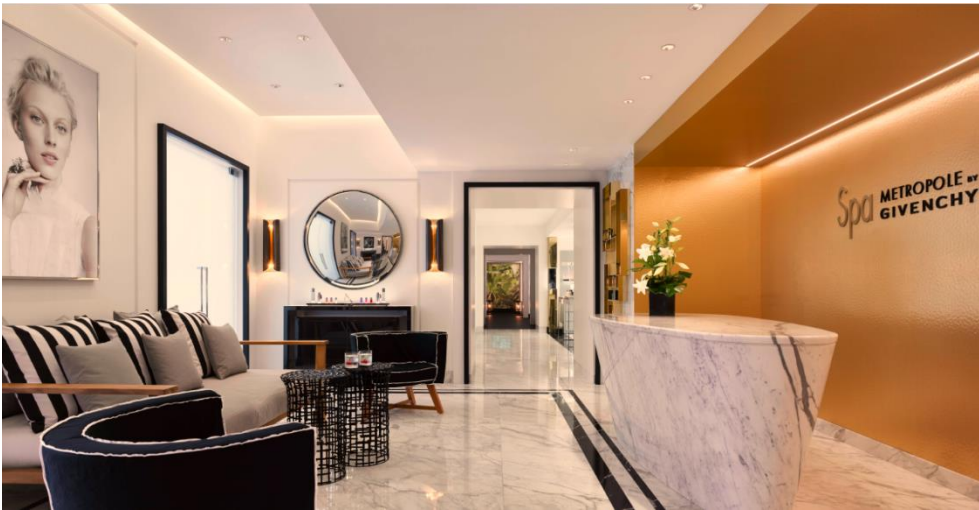
Lionel Servant
General Manager Gr. Rézidor
Radisson Blu 1835
Hotel & Thalasso Cannes

Partner spas and hotels



Le Monte Carlo Bay — Spa Cinq Monde

Spa Metropole by Givenchy



Monaco	Thermes Marins Monte-Carlo Hotel Hermitage Monte-Carlo Monte-Carlo Bay Hotel & Resort Cinq Mondes spa Hotel Fairmont Monte-Carlo Hotel Metropole Monte-Carlo
Beaulieu-sur-Mer	La Réserve de Beaulieu <i>only in March</i>
Eze	Cap Estel,
Saint-Jean-Cap-Ferrat	Grand-Hôtel du Cap Ferrat—a Four Seasons Hotel
Nice	Boscolo Exedra Nice
Saint-Paul de Vence	Le Mas de Pierre <i>only in March</i>
Cannes	Thermes Marins de Cannes Radisson Blu 1835 Hotel & Thalasso Majestic Barrière and Gray d’Albion Five Seas Hotel Grand Hyatt Cannes Hotel Martinez <i>in March</i>
Mougins	Mas Candille
Bandol (Var)	Dolce Hotel & Resort Frégate – Provence.
Tourrettes (Var)	Terre Blanche Hôtel SPA Golf Resort,
Lorgues (Var)	Château de Berne

The Pass Golf Côte d’Azur
www.cotedazur-golfs.com



The Thermes Marins Monte-Carlo

Hotel Hermitage Monte-Carlo, a perfect alliance

The Hotel Hermitage Monte-Carlo and Thermes Marins Monte-Carlo spa form the perfect pair: two establishments with the same roots, established by the Monte-Carlo Société des Bains de Mer, Monaco's historic luxury tourism body. The hotel and spa lie next to one another and are directly linked, with both aimed at offering their respective guests memories to last a lifetime.

The Hotel Hermitage Monte-Carlo has always been a place of high emotion, inspiring guests with its refined, poetic rooms and suites and treating them to incredible, mouth-watering dishes at the Vistamar restaurant, where Michelin-starred chef Benoît Witz serves up fresh produce and natural flavours. This luxury hotel's décor bears testimony to its centuries-old past. The winter garden is topped by a glass roof with metalwork crafted by Gustave Eiffel's teams. Once used as the hotel's restaurant, the Belle Époque room is a listed historic monument that dazzles with its pink marble columns, shimmering gilded detailing and ceiling painted in the Fragonard style by Gabriel Ferrier, who won the first ever Prix de Rome in 1872.

Over at the Thermes Marins Monte-Carlo spa, exceptional facilities combine with excellent service. Renovated in 2014, this haven of tranquillity in the heart of the Principality of Monaco is a place that exists outside of space and time, where cutting-edge technology and the comfort and peace of the luxury sector meet. The spa boasts all the very latest facilities from Human Tecar, Miha Body Tec and LPG. Its pride and joy is the cryotherapy room. Long reserved for professional athletes, this cutting-edge technology is now available to the wider public, and revolves around exposing the body to very low temperatures (– 60°C and – 110°C) to soothe muscle ache and inflammation, as well as sleep disorders, stress or skin ageing.

And because technology is best dispensed by experienced hands, the establishment's staff bring all their expertise to the table. A doctor, nutritionist, sports coaches, spa therapists and beauticians all pull together to offer traditional Thai massages, salt scrubs, mud wraps and seaweed baths for an incredible well-being experience.

Signature treatment

The relaxing and detoxifying **Maxi-Minéral** draws on the regenerative properties of Dead Sea mud. Enjoy a Vitamin-C-rich sea salt and lemon and orange essential oil scrub before your wrap to prime skin for all the revitalising benefits of the mud! Finish off

with a milk massage, packed full of minerals for a soft and beautiful end to your treatment and restored vitality.

HAPPY
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FRANCE

Happy Spa Week Côte d'Azur offers:

1) 2-night stay at the Hotel Hermitage Monte-Carlo including:

- 2 nights in a double room with breakfast,
- 1 60-minute massage per person (once during your stay) at the Thermes Marins Monte-Carlo spa,
- Free access to all group gym classes and the Wellness space: heated sea water pool, hammam, sauna, cardio training gym with sweeping sea views,
- All the advantages of the Monte-Carlo Circle card.

From €419/per night for 2 people (minimum 2 nights)

2) Day offer: with free breakfast served for all our day offers

(lunch - 3-course market menu excluding drinks)

Initiation Spa Day spa with lunch from €175

3) Must-try: the exceptional signature La Prairie anti-ageing face treatment. From €130

Contact: www.happyspaweeek-cotedazur.com

Hotel Hermitage Monte-Carlo - www.hotelhermitagemontecarlo.com.

Thermes Marins Monte-Carlo - www.thermesmatinsmontecarlo.com

Monte-Carlo Société des Bains de Mer - www.montecarlosbm.com


THERMES MARINS
MONTE-CARLO

Monaco

Monte-Carlo Bay Hotel & Resort, the best of all worlds

The Monte-Carlo Société des Bains de Mer is still enthralling and enticing 150 years after it was first founded, thanks to its incredible capacity to inspire dreams, emotions and pleasure. The Monte-Carlo Bay Hotel & Resort is one of its latest additions, and is a case in point. This contemporary hotel on the Plage du Larvotto beach is barely ten years old, and yet has already become one of the Côte d'Azur's most impressive luxury establishments. This enviable reputation was forged by the hotel shifting away from Côte d'Azur tradition, opening itself up to cosmopolitan influences that intertwine to create an atmosphere that exists nowhere else.

The Monte-Carlo Bay Hotel & Resort is a dazzling patchwork of different sources of inspiration: its Mediterranean spirit shines through in its rooms, terraces and the Sea Bay spa space, with guests treated to all the fragrant luminosity of the Côte d'Azur. Its Latin side is expressed through its architecture, in arches and colonnades that evoke Italian palaces and mansions. A hint of something tropical is reflected in its palm-lined pool heated to 29°C and topped by a vast dome, complete with a white-sand lagoon (non-heated and open May to September), which basks amidst a gorgeous garden planted with 1,500 different species. Finally, Caribbean soul is poured into the establishment by Michelin-starred Blue Bay chef Marcel Ravin, who whips up dishes that pair the Mediterranean's remarkable culinary heritage with the Creole flavours of his childhood.

If the Monte-Carlo Bay Hotel & Resort had to be resumed in a single component, it would be the Cinq Mondes spa. The name means 'Five Worlds' in French, and refers to the way in which the spa draws beauty inspiration from around the globe. From the Revitalising Tropical Ritual to the Moroccan Rites, from the Siam Ritual to the Japanese Fragrance and Flower Bath: well-being here is a journey of discovery.

Signature treatment

Monte-Carlo Bay Hotel & Resort guests are treated to exclusive access to the Royal Lulur Ritual: a journey for the senses to Indonesia, lasting 2 hours and 20 minutes. This treatment includes a Tropical Aromatic Hammam, the Papaya Purée Body Glow Scrub, a 'Seeds and Flowers' Lulur Face Scrub and a Relaxing Bali Massage.

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Happy Spa Week Côte d'Azur offers

2-night stay at the Monte-Carlo Bay Hotel & Resort including:

- 2 nights in a double room with breakfast,
- 1 20-minute massage per person (once during your stay) at the Cinq Mondes spa Free access and admission to the Monte-Carlo Bay Hotel & Resort pool,
- All the advantages of the Monte-Carlo Circle card.

From €284/per night for 2 people (minimum 2 nights)

Cinq Mondes spa:

1) Sample the latest Cinq Mondes treatment: an udarabhyanga detox massage and treatment.

This treatment relaxes the central part of the body where your emotions are stored, reducing bloating at the tummy and improving vital digestive functions.

Treatment priced at €90

2) Day offer: Céleste day (3 hours and 20 minutes of pampering).

This day package includes a Japanese fragrance and flowers treatment (20 min), an energising spiced aromas scrub (20 min), a toning Indian ayurvedic massage (50 min), a Taoist youthful glow massage treatment (50 min), and an energising foot massage (20 min). €265.

3) Listed treatments: 80-minute treatments at 50-minute prices (massages and facials).

From €125

Contact: www.happyspaweeek-cotedazur.com

Monte-Carlo Bay Hotel & Resort - www.montecarlobay.com

Monte-Carlo Société des Bains de Mer - www.montecarlosbm.com

CINQ MÔNDES
SPA PARIS

Monaco

Hotel Fairmont Monte Carlo, the perfect mix

It's a bend... It's legendary. All Formula 1 enthusiasts know it. Because it is probably the slowest bend in the World Championship. Because it is one of the most beautiful on the Monaco circuit. It used to be known as Loews. Nowadays it's called the Fairmont Hairpin, from the name of the hotel beside the bend. It's more than a change of name: it's a turning point!

The hotel Loews came into being in the 70s, on the site of the old Monaco railway station. It was the link between Monte-Carlo, the historic heart of the Principality, and the Larvotto, one of the more modern districts. A dream location to enjoy to the full all the pleasures the Rocher can offer: the thrill of the casinos, the chic of the fashion boutiques and jewellers, the talents of the Opera, the terraces looking onto the Mediterranean... Modern, elegant and ideally located: the hotel was an overnight success!

At the start of the new millennium, it reached a new level by joining the prestigious Fairmont Hotels chain from which it took its name. Completely renovated, it was at its peak. And it has managed to stay there! Today, the Fairmont has more than 600 elegantly decorated rooms and suites. Nearly half offer a beautiful view over the Mediterranean. There is an incredible swimming pool, overhanging the sea and heated all year round. In fine weather, as soon as spring has sprung, it accommodates Nikki Beach, the club-restaurant concept adored by the Jet-Set. The Fairmont, is still a casino – the Sun Casino – where you can taste the thrill of the green baize and the jackpots. There are also three restaurants: the Nobu which delights its guests with Asian cuisine crossed with South American accents, the Horizon and the Mediterranean flavours of its menu, and the Saphir 24, open 24 hours a day, bar, lounge and chic bistrot by turns.

The ultimate luxury of the many charms of this hotel: the Fairmont Spa. Its 900m2 accommodate a hi-tech Fitness Centre, seven luxury treatment cabins, a spa suite to share with friends or as a couple, a steam room, a sauna and a hair salon. A cocoon which would almost make you forget that life is in full swing a few steps away on the world-famous Place du Casino.

Signature treatment

With the ultimate anti-age pearls and caviar Treatment, treat yourself to two and a half hours of pure well-being. It all starts with a body scrub with pearl chips. Followed by a bamboo and ginger massage which combines muscular relaxation and awakening of the senses. The third act: an anti-age facial treatment with caviar which restores your skin's glow and softness.

Happy Spa Week Côte d'Azur offers

- 2-night stay at the Fairmont Monte Carlo including:
 - 2 nights in a double room with breakfast buffet
 - 1 90-minute Fairmont Spa experience including 1 60-minute massage per person (once during the stay)
 - 1 30-minute jacuzzi for 2 people
 - Free entry to the swimming pool and Fitness Centre of the Fairmont Monte Carlo
- From €299/night for 2 people (minimum 2 nights)

1) *Luxury anti-facial treatment with caviar (90 mins)*

This luxury facial treatment firms, tones, hones and rehydrates the skin at a deep level with caviar which is rich in proteins and powerful anti-oxidants. Gorgeous products with a caviar base fill the skin with anti-aging nutrients to mitigate wrinkles and improve texture. An exclusive AcuLift massage visibly tones and firms while the Marine Biomatrix film gives intense hydration to instantly restore the glow. The results are immediate, skin is silky, healthy and luminous. Treatment is €229

2) *Massage Monte-Carlo Signature (90 mins)*

The Fairmont Monte Carlo has been working on a special and unique Signature massage. A traditional Polynesian treatment, Lomi Lomi massage is a powerful healing practice which offers complete harmony between body and spirit. Combining rhythmic movements and light touches, these gentle but profound techniques contribute to revitalising the body and tending to the soul for a soothing total relaxation. Choose from two massage oils by Aromatherapy Associates, Inner Strength, a blend of rose, incense, sage and cardamom or De-Stress Mind, combining incense, petitgrain, wild camomile and rosemary. Treatment is €229

3) *Treatments à la carte: 60-minute treatment from €129*

Spa Discovery Day, 3 deals, one well-being

Cyan Deal (€190): 60-minute Spa treatment of your choice from 1 hydrating facial treatment with rose and 1 absolute relaxation massage + 1 bento box + access to the sauna, steam room and swimming pool (lounger not included)

4) *Turquoise Deal (€229): 90-minute Spa treatment including 1 relaxation massage or 1 muscle de-stressing massage + 1 bento box + access to the sauna, steam room and swimming pool (lounger not included)*

5) *Lazulli Deal (€279): 120 minutes of treatment including 1 60-minute facial treatment and 1 60-minute relaxing massage + 1 bento box + access to the sauna, steam room and swimming pool (lounger not included).*

Contact: www.happyspaweeek-cotedazur.com

Hotel Fairmont Monte Carlo - www.fairmont.fr/monte-carlo/

Monaco

The Hotel Metropole Monte-Carlo, luxury and headliners

Behind every great success is generally a host of busy, talented teams. The Metropole Monte-Carlo is the work of a dream team made up of the Côte d'Azur's leading names in hospitality. The brains behind this masterpiece include Joël Robuchon, Béatrice Ardisson, Jacques Garcia, Didier Gomez, Karl Lagerfeld and Bastien Gonzalez. Each fulfilled a very specific role, with the first three arriving on the scene in 2004, when this one-hundred-year-old 5-star luxury hotel in Monaco treated itself to a complete makeover. Joël Robuchon developed an innovative concept, creating his eponymous restaurant here (2 Michelin stars) before coming up with Yoshi four years later, his Michelin-starred Japanese fusion restaurant. Béatrice Ardisson hit all the right notes at the Metropole, putting together musical line-ups as original as they are perfectly suited to the venue. Jacques Garcia reworked the iconic spaces as he saw fit, from the Carré d'Or suite penthouse with incredible views over Monte-Carlo, to the lobby and its mesmerising glass roof which sets the tone for the rest of the building: timelessly classic with a hint of contemporary edge.

In 2012, Karl Lagerfeld left his prestigious mark on the Odyssey, a luxury well-being space combining a restaurant, lounge bar and sun deck with heated seawater pool. The designer Didier Gomez worked on the hotel's atmosphere and vibe, and after having crafted the understated cool of Yoshi, in 2017 he was back to work on treating guests to an exceptional well-being and beauty spa, the Spa Metropole by Givenchy, a temple to well-being he embellished with gold, marble, and high-fashion lace-inspired detailing. The list here includes a series of treatments all choreographed with the greatest precision: precious fragrances by Givenchy's Atelier and the Pédi:Mani:Cure Studio by Bastien Gonzalez, foot doctor to the stars and the leading name in his field.

Signature treatment

In the mood for pampering yourself? Try the Hydra Sparkling facial: this hydrating booster is an emergency SOS treatment for dry and sensitive skin in need of moisturising active ingredients that work deep within skin cells.

Need to relax? Try a Divine Harmonie massage: one hour of pure indulgence and bliss complete with smooth, languid movements.

Happy Spa Week Côte d'Azur offers

1) Package stay including:

- 2-night stay for 2 people in a Deluxe room including breakfast at the Joël Robuchon restaurant,

- Two 90-minute 'Custom-Made' Metropole Treatments by Givenchy* for €1,120.

**CUSTOM-MADE METROPOLE TREATMENT BY GIVENCHY (Face and Body)*

Personalised luxury: this custom-made ritual is tailored to meet the needs of each individual. Targeted techniques and cutting-edge products are used in unison to perfect skin, restore glow and relieve tension.

2) Day Spa Relax

- A 60-minute Hydra Sparkling facial**,

- A 60-minute Divine Harmonie massage***,

- A healthy lunch at the Odyssey,

- Access to the Heat Experience, including a sauna, a hammam, a caldarium, an ice fountain and sensory showers.

- Access to the gym with all the latest equipment (Technogym, Kinesis Personal, Kinesis Stations) for €300 per person.

***HYDRA SPARKLING FACIAL*

Intense hydrating treatment. This hydrating booster is an emergency SOS treatment for dry and sensitive skin. Moisturising active ingredients work deep within skin cells, restoring suppleness, plumpness and glow.

****DIVINE HARMONIE MASSAGE*

A luxurious, flowing massage for a total well-being experience. A relaxing treat to help you let go, look inward and forget the stress of everyday life.



The Metropole Monaco

Majestic Barrière Cannes



HAPPY
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FRANCE

Beaulieu-sur-Mer

La Réserve de Beaulieu, pleasure without reserve

In March only

You may have heard of the Réserve de Beaulieu pool. Imagine a spectacular natural mirror fringed by immaculate lines of sun loungers, some turned around to face out towards the sweeping views of the nearby sea. This slice of azure blue water has been a hit with the Côte d'Azur's A-list for decades now, welcoming in Rita Hayworth, Clark Gable, Paul Newman, Edith Piaf, Jean Marais and Frank Sinatra, to name but a few golden oldies, thanks to its incredible sense of peace and luxury.

They could never have imagined that a little over a hundred years before them, the pool was once home to the sea bass, sea bream, lobsters and other shellfish served up at the poolside Le Vent Debout restaurant. This pretty little infinity pool was once something of a conveyor belt for the restaurant's produce, an idea whipped up by Pierre Lottier, the house and restaurant owner who had this 'tank' designed to delight princes and millionaires, where fishermen would come to deposit their freshly-caught wares.

The eatery's new name reflects its past: The Table de la Réserve. Welcome to the Réserve's new bistro, dreamt up by Yannick Franques & Anne Sophie Sabini. This luxury hotel has made a tradition out of keeping its spirit contemporary and forward-thinking, and boy, does it show! Ever since the Delion family took over the helm, the establishment has gone from strength to strength, featuring period furniture or custom-made pieces crafted by an artisanal cabinetmaker, frescos and trompe-l'oeil pieces on their walls, and a light palette that works beautifully with the Mediterranean light: The rooms and suites here are breathtakingly elegant, with most giving out over the sea and a luscious green patio used as a bar terrace come spring and summer. When a chill creeps into the air, guests cosy up in the Gordon Bennett bar, named after the turn-of-century American press magnate. He loved this bar so much, he had a telephone installed just so he could call up and book a table whenever he liked! This was the home away from home, where he would sip at a brandy amidst the finery of the woodwork, marble and velvet, gently tapping his foot to the tinkling of the piano. Or perhaps he was a fan of the Maria Galland spa, with its décor inspired by old ship liners: varnished wood, copper-lined portholes, jacuzzis and relaxing massages. Who knows!

Signature treatment

The Maria Galland spa invites you to sample its 'rejuvenating treatment'. This home-made ritual starts with a black soap scrub in the hammam, followed by an Argan oil body and face massage and 'cocoon' facial tailored to suit your skin type.

HAPPY
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CÔTE D'AZUR
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Happy Spa Week Côte d'Azur offers

1) Forfait Pure relaxation package - from €640, including:

- 2 nights in a room with sea view,
- 4 continental breakfasts,
- 2 treatments per person per day (face and body).

2) Absolute Immersion package - from €249 excluding drinks (at the Vent Debout poolside restaurant), including:

- Facial or 30-minute scrub or back massage,
- Jacuzzi tub session or aqua-biking (30 minutes),
- 30-minute hydro-jets,
- Lunch (starter + main or main + dessert),
- Access to the gym, hammam, jacuzzi, heated pool, sun loungers.

Or

3) Absolute Immersion package - from €179 excluding drinks (at the Table, the Réserve's restaurant), including:

- Facial or 30-minute scrub or back massage,
- Jacuzzi tub session or aqua-biking (30 minutes),
- 30-minute hydro-jets,
- Lunch (starter + main or main + dessert),
- Access to the gym, hammam, jacuzzi, heated pool, sun loungers.

MARIA
GALLAND
PARIS

Contact: www.happyspaweeek-cotedazur.com
The Réserve de Beaulieu - www.reservedebeaulieu.fr

Eze

The Cap Estel, a hotel with a twist

At the gateway to Monaco lies a hotel at the end of the world, perched on a private peninsula. For over a century now, this discreet, refined little gem has been enthralled the hedonists who find their way here. Greta Garbo, the Beatles, Gina Lollobrigida, Sir Laurence Olivier, Catherine Deneuve, Robert de Niro, Bono and many, many more have all already sampled the incredible peace and quiet that reigns here, soaking up the soft rushing of the waves, the Mediterranean garden leading down to the sea, the sun-baked private beach, and the hospitality on offer here in this cream-toned building reminiscent of the most beautiful luxury hotels in Fiesole.

In 2004, the hotel's new owner restored all its former lustre, and then some. Is this a luxury hotel or a spectacular guesthouse? The personality injected into the décor, the precious collector objects from Asia and the contemporary artwork plant seeds of doubt, adding character and a personal touch to this singular place, where the rooms flirt with the edge of the sea like a cruise ship. Spacious, luxurious suites, terraces shaded by fig trees and balconies that jut out over the waves: welcome home.

The experience is enhanced by two incredible extra facilities: the La Table restaurant headed up by Patrick Ringiard, the hotel's Michelin-starred chef, featuring Mediterranean dishes complete with vegetables and herbs from the hotel's own garden, and the luxurious Spa Sothys! Enjoy a dip in the outdoor pool (the Côte d'Azur's oldest infinity pool and open from May to September) or indoor pool. Follow up with a eucalyptus-scented hammam, cutting-edge beauty treatments and expert massages designed to help you relax.

Signature treatment

Energising or anti-ageing intensive Sothys facials, which draw on high-performance Digi-Esthétique technology, an exclusive technique that combines finger pressure, massaging and draining. Guests are plunged into a deep state of relaxation, with the entire body revitalised. The result? Improved blood circulation, energy flow and active ingredient absorption.

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Happy Spa Week Côte d'Azur offers

1) Offer for 2 nights for 2 people in a Deluxe room with sea views, including cooked buffet breakfast, a bottle of wine, chocolates and a home-made cake. 1-hour treatment of your choice per person during your stay, choose from our treatment catalogue, plus access to the spa facilities (outdoor seawater and indoor heated pools, sauna/hammam/gym/pools/jacuzzi).

€1,760 special offer for €1,240 for 2 people

2) Day price for one: Well-being day including 2 hours of treatments + healthy lunch at the Table de Patrick Ringiard (excluding drinks) as well as full-day access to all our facilities (sauna/hammam/gym/pools/jacuzzi).

€320 special offer for €225 per person

3) Extra offers:

Sothys intensive 80-minute facials: €160 special offer for €110 per person with half-day access to all our facilities.

 SOTHYS
PARIS

Contact: www.happyspaweeek-cotedazur.com

Cap Estel - www.capestel.com

Saint-Jean-Cap-Ferrat

Grand-Hôtel du Cap-Ferrat - A Four Seasons Hotel, the experience of a luxury hotel

In the heart of a haven of greenery stretching over seven hectares, this dazzling white building rises up, a glorious luxury hotel on the Côte d'Azur balanced on the tip of the Cap-Ferrat peninsula, surrounded by luscious gardens overlooking the Mediterranean.

The architecture and interior design here were crafted by top industry names, and have evolved over time. The original La Rotonde was designed and built by Gustave Eiffel in 1909. In 2009, world-renowned interior architect Pierre-Yves Rochon oversaw a complete makeover of all the spaces, rooms and suites as well as the interior design of La Résidence, an extension gazing out over the sea and created by architect Luc Svetchine.

The hotel bears the traces of the glittering guest list that has graced its premises, from international celebrities and artists to the politicians who have stayed here over the 100-year history of this historic landmark on the Côte d'Azur.

Chef Yoric Tièche puts his contemporary, talented stamp on the hotel's three restaurants, from the gourmet Le Cap to the stylish Club Dauphin, an idyllic eatery for the entire family giving out on to the hotel's iconic swimming-pool, managed by Pierre Gruneberg, coach to some of the world's top-class swimmers! He's been giving hotel guests and stars swimming lessons for over 60 years now.

Finally, the elegant spa stretches over 750 m² and features exclusive products from Dr Burgener, Biologique Recherche and Sodashi. This tranquil oasis overlooks the sea and a 1,200 m² garden, and is another highlight at this multi-award-winning luxury hotel.

Signature treatment

The lavender- and lemon-scented Jet Lag treatment includes a detox scrub made from salt crystals and a regenerating body massage that uses vibration, stretches and rocking techniques. A leg-draining and glow-boosting massage finish off this treatment in style and luxury. 90 min. - €350.

Happy Spa Week Côte d'Azur offers

1) Romance at the Cap-Ferrat

- Accommodation and buffet breakfast every morning for 2 adults at the La Véranda restaurant
- Champagne cocktails at the bar for 2 people (once during your stay)
- Special 4-course dinner for 2 concocted by our chef, Yoric Tièche, in the tea or coffee) (once during your stay)
- 60-minute Sodashi Signature Aromatherapy Massage for 2 people in the spa Secret Garden, an exclusive, romantic spot on our terrace. Drinks included (complete with recommendations from our sommelier, mineral water).

Local client offer: AUTUMN OFFER - €500 per person

Added extras: free access to the spa facilities for the day.

Grand Salon facilities free for all couple treatments booked.

2) Offer includes:

- Cammelia cocooning massage (60 minutes)
- Biologique Recherche's Royal Moisturiser facial (60 minutes)
- Wash + Blow-Dry + Touche Lumière for Her/Pedicure for Him
- Spiced tea

This offer can also include Afternoon Tea at the Rotonde Eiffel for a total of €535 per person.

Spa prices:

- Massage from €130 per person (30 minutes, relaxing back and neck massage),
- Body treatment from €110 per person (Gentle Apricot Scrub),
- Facial from €195 per person (60 minutes, Royal moisturiser treatment).

Boscolo Exedra Nice, Nice's Italian side

Nice-born architect and Carlton designer Charles Dalmas truly left his mark on his home town, having designed some of its finest hotels: the Ruhl, which rivalled for attention with the Négresco until it was demolished, the Winter, the Palais de la Méditerranée and the Hôtel du Rhin. Since its inauguration in 1913, the latter has changed name twice. Once the Atlantic, it is now the Exedra. Despite the name changes, both its magnificent Belle Époque-era façade and its reputation have remained untouched. With its well-deserved five-star ranking and ideal location on the Boulevard Victor Hugo a stone's throw away from the Place Masséna and Promenade des Anglais, today it is one of Nice's crown jewels.

To hold on to all its prestige and 5-star rating, the Exedra closed its doors for three years of renovation works from 2005 to 2008. The Padua-based Boscolo group bought the hotel in 2000, and infused the establishment with a subtle Italian touch, reflected in the Carrara marble in the lobby and Murano chandelier. Each room and suite, whether Classic or Presidential, also bears traces of this Italian heritage. Designed by the Roman Maurizio Papiri, the décor here mixes stylish design and beautiful luminosity, boasting pared-back lines and a light palette of whites, golds, ivory and cream. A few whimsical flourishes lend the spaces life and a seductive air.

Italian flavours dominate the menu at the La Pescheria. Pasta and seafood dishes in the very best of Italy. Guests can soak up the dolce vita with a cocktail from the Genesi bar, or treat themselves to a pampering session at the Spa Deep Nature, Nice's most beautiful well-being centre with five treatment booths, a wet room complete with sauna, a hammam, aromatic showers and Vichy facilities, as well as an indoor pool and enchanting mini lagoon with jacuzzi and relaxing jets.

Signature treatment

The Deep Nature L'Immersion massage takes you on a journey of self-discovery. This slow, voluptuous, deep-tissue massage provokes an extraordinary feeling of lightness and relaxation, accentuated by the scented seawater spray and the L'Immersion's signature fragrance.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

1) Packages with accommodation: 2-night stay for 2 people with 2 50-minute spa treatments and access to spa facilities for €542 all-included for the two periods.

Local clients:

2) DEEP NATURE signature massage

50-minute immersion + half-day spa access (pool, sauna, hammam, sensory showers, fitness area, herbal teas), €66 per person



Contact: www.happyspaweeek-cotedazur.com
Boscolo Exedra Nice - www.boscolohotels.com

Saint-Paul de Vence

Le Mas de Pierre, a place outside of time

In March only

This large farmhouse nestled at the foot of Saint-Paul de Vence's ramparts appears to have been here forever, its faded rooftop, oak shutters and varnished tiles weathered by the passing years. A century, perhaps two? The reality is the farmhouse was built just a decade ago! The patina is an illusion created by architect Philippe Caron, using old recycled materials skilfully combined with those used today.

The result is exceptional. This Relais & Châteaux feels timeless yet somehow contemporary, combining modern comforts with the charms of its old stone. The latter blends seamlessly in with the natural surroundings, in a garden designed by Jean Mus, the Mediterranean's most prominent landscape designer. Mus designed the garden as one might a fragrance, blending thousands of ingredients, from ancient olive trees to a rainbow of citrus fruits, orchids and a multitude of herbs, resulting in a single perfect work of art.

The establishment's timeless nature is expressed through the unforgettable moments it creates, forging experiences and memories that will last forever. This cosy, intimate approach shines through in the softness of the bedrooms here, where the décor was given a new lick of paint just a few months earlier. Refined details such as wood floorboards, silks and velvets, as well as lacquered panelling and black and white photos, bring the spaces to life. This southern charm is reiterated in the Provençal produce and seafood that Emmanuel Lehrer, head chef at the La Table de Pierre, draws on with passion and creativity.

And the joys of Provence are also given pride of place at the spa, where guests can spend an hour or day treating themselves in the heated musical pool, indulging in a Payot facial or enjoying one of the dozens of massages available.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

Package stay including:

- 2 nights in a Superior double room,
- Buffet breakfast for 2,
- 50-minute massage of your choice* at the Payot spa per person.

*Swedish, Californian or Bali massage

Stay from €560 for 2 people

Highlights:

Free shuttle to and from the village of Saint-Paul de Vence and Polygone Riviera shopping centre.

Free access to the heated outdoor pool, jacuzzi, sauna, hammam and gym.

PAYOT
PARIS

Contact: www.happyspaweeek-cotedazur.com

Le Mas de Pierre - www.lemasdepierre.com



Les Thermes Marins de Cannes



HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Cannes

Les Thermes Marins de Cannes

Radisson Blu 1835 Hotel & Spa, the bounties of the sea

Where to after the Croisette? The many Radisson Blu 1835 regulars would point you in one direction. This 5-star hotel's location is spectacular, at the foot of the Suquet on the tip of Cannes' port, overlooking the sea and just across the Boulevard du Midi from the sandy beaches.

Over two thirds of the hotel's rooms enjoy views of this enchanting setting, yet these views are far from being the hotel's only selling point. Quite the reverse, the interiors here are just as spell-binding as the exteriors. Japanese designer Yoshioka studied under Issey Miyake, and oversaw the décor here with a meticulous eye, turning each and every room and suite into a contemporary, luminous haven. Uncluttered lines, utterly contemporary materials such as black concrete flooring, a palette of shades that vary from the vibrant to the muted (white, pink, violet, ivory, and grey), choice piece of furniture by Philippe Starck and modern artwork by Viallat, Maraval or Massaud, the Japanese designer has managed to fuse cosiness and purity in a refined collection of spaces.

Outside the rooms, the rest of the hotel's spaces are just as enticing. The sundeck rooftop terrace is an incredible feat. The 360° gourmet bar and restaurant is a treat for all five senses, and the Thermes Marins de Cannes is a luxury spa with direct access to and from the hotel.

Les Thermes Marins de Cannes

Three levels dedicated to three different treatment types. One is given over to spa treatments, including wraps (seaweed, mud, fig, seawater gel), jet sprays, and bubble or underwater massages and massage tubs, reminding us of the Mediterranean's age-old healing properties. The second floor is devoted to relaxation and includes a pool, hammam, spa, jacuzzi, herbal teas and the Bio, a delicious organic restaurant. Finally, the third floor is home to the beauty area, with booths for facials, a hair salon and manicure and pedicure corners.

Signature treatment

The 60-minute Extreme Vitality treatment is a deep-tissue massage (head and body) combined with a reflexology session focussing on the liver, bladder and small intestine.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

Package stay including:

- 2 nights breakfast included,
- 1 hot tub session per person (20 min.),
- 1 body wrap: seaweed, mud or gel (20 min.),
- 1 35-minute Valmont facial,
- Deluxe sea-view category @ €659 per stay in a double room.

No cancel/no refund policy

Tourist tax a further €2.20 per person per night

Offer for local clients

'Spa & Fine-Dining' package, including

- * 1 body scrub followed by a relaxing massage (length of treatments: 55 minutes)
 - * 1 balanced O'Bento lunch (starter, main and dessert - excluding drinks)
- €115 per person instead of €165 Code: HAPPY

Contacts: www.happyspaweeek-cotedazur.com



Les Thermes Marins de Cannes
Radisson Blu 1835 Hotel & Thalasso

www.radissonblu.com/fr/hotel-cannes/offres-speciales

Cannes

Hôtel Barrière Le Majestic, the winds of change

The greatest difficulty lies not in getting to the top, but staying there. The Hôtel Barrière Le Majestic knows this only too well, which led to it developing innovations and ploughing investment into maintaining its dazzling presence on the Croisette, as it has done now for over a century. The inauguration of the second wing, almost identical to the first that dates back to the Roaring Twenties, the building of the Cinémathèque Diane, the Petite Maison de Nicole, a shining example of fine-dining in the Med, and the Studio By Petit Vip, a kids' club with an artistic bent, renovation work on the beach, lobby and exclusive lounges: project after project has ensued since 2010, each one more different than the last!

And developments have gathered momentum over the past few months, with the Côte d'Azur and Michèle Morgan suites added to the hotel's two impressive penthouse apartments: The Majestic and Christian Dior suites. Le Fouquet's Cannes, a spin-off of the famous brasserie on the Champs Elysées, has been treated to a makeover. Decked out with gilded detailing and elegant wood panelling in a combination of contemporary cool and the very best of Art Déco, the décor mirrors the inventive, refined dishes whipped up by Pierre Gagnaire, one of the world's top chefs and the man behind the establishment's menus for a good few years now. In other mouth-watering news, the BFire is a new concept based on wood-fire cooking led by chef Mauro Colagreco (two Michelin stars).

The latest addition to the well-being facilities here is the Spa Diane Barrière makeover. In 2017, the spa joined forces with two leading partners: Biologique Recherche and LIGNE ST-BARTH. The first is world-renowned for its pioneering Instant de Peau, a high-performance skin treatment, while the second draws on the gifts of nature to create products based on flower and fruit ingredients: tiare, lily, pineapple and papaya, to name but a few. Two very different kinds of expertise, for a 360-degree experience.

Signature treatment

A world-first in cosmetics, Seconde Peau by Biologique Recherche is a regenerating, lifting treatment applied using an electro-woven mask packed full of 80% pharmaceutical-grade hyaluronic acid. An innovative powerhouse to effectively fight the signs of ageing.

HAPPY
SPA WEEK
CÔTE D'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

1) Accommodation + spa packages:

- One night in a superior room with upgrade to deluxe sea-view room
- Champagne breakfast for 2 people at the Fouquet's restaurant
- A signature 60-minute St Barth Harmony massage per person + access to the sensory spaces (sauna, hammam, sensory showers, gym, herbal teas).

For the Majestic => Rate starting at €442

For the Gray d'Albion (upgrade from superior terrace room to deluxe terrace room)

=> Rates from €367

Offer valid from 01/10/2017 to 30/04/2018

Subject to availability, outside of convention and festival dates and hotel closing dates

2) SPA

External clients with no overnight stay:

- Signature 60-minute St Barth Harmony massage per person + spa access (pool, sauna, hammam, sensory showers, gym, herbal teas).

Brochure rate: massage €165 40% off = €99 per person



Contacts: www.happyspaweeek-cotedazur.com

Majestic Barrière - www.lucienbarriere.com

Cannes

Five Seas Hôtel, smooth sailing

Since it first opened in 2011, the Five Seas Hotel has been a breath of fresh air on the Cannes hotel scene. Located a stone's throw away from the Palais des Festivals, midway between the Croisette and the Rue d'Antibes, the town's two high-end streets, the boutique hotel is a highly personal and fully relaxed take on the concept of luxury accommodation.

Expect travel-inspired elegance featuring décor that combines bits and pieces from all five continents. An exclusive sense of refinement reigns through the thousands of little details and precious objects, from the canopy beds to the leather suitcases, all made by a handful of select craftsmen. Excellence with a romantic twist in the Top of Five, a secret rooftop suite you climb up to via an exposed staircase. More than a cosy eyrie, this suite offers breath-taking views over Cannes and the Suquet hill.

Freshness and yet more exotic flavour are served up by Arnaud Tabarec at the Roof, a stylish bistro with rooftop views on the hotel's last floor, complete with infinity pool. This is a journey back through the mists of time, with traditional recipes from oven-baked *brandade* to veal shank, all dished up in the chef's generous signature style. This is a cruise through the Med, bags packed full of Italian *burrata*, olive oil from expert Alexis Muñoz, Moroccan Argan oil or Spanish *pata negra*. An incredible romantic getaway to experience through a selection of starters and mains to share.

The ultimate journey of self-discovery awaits thanks to treatments and massages from Carita and Cinq Mondes, the two partners selected for the Five Seas Hotel spa. A private, intimate journey that whisks you through Bali, Japan, the Far East and Polynesia. Take things even further with a session in the two saunas, hammam, and relaxation rooms.

Signature treatment

Spend 90 minutes in Oceania, let yourself go as you soak up the pleasures of Tahiti, Bora Bora and Mo'orea thanks to Cinq Mondes' Sublime Polynesian Ritual. Enjoy a heavenly Monoi Noni scrub followed by a Polynesian massage.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

- 1) Accommodation and spa package: coming soon.
- 2) External clients with no overnight stay:
25 minutes in the hammam and a 55-minute custom-designed Five massage.
From €89 instead of €159

 CARITA
PARIS

 CINQ MÔNDES
SPA PARIS

Contact: www.happyspaweeek-cotedazur.com
Five Seas Hôtel: www.fiveseashotel.com

Cannes

Grand Hyatt Cannes Hôtel Martinez, the youth-restorer

In March only

This is the youngest of Cannes' big luxury hotels. Inaugurated in 1929, despite its newcomer status it will soon be celebrating its 90th anniversary! This hotel's long, glorious story began in Palermo on 1 January 1882, the day Emmanuel Martinez was born. The son of a Sicilian nobleman, he began his rise through the ranks of the hotel industry at the age of 20, managing an array of renowned hotels until building the one he named after himself: The Hotel Martinez.

This Art Déco gem next-door to the Croisette, sprawling over several hundred metres and flanked by two wings leading out into the heart of the city was, and is, everything its creator had ever imagined. Yet were Martinez alive today, he would probably not recognise the hotel, as it has undergone huge changes over the years, tirelessly evolving and adapting to mould itself to the needs and tastes of its demanding clients: CEOs, stars, athletic champions, heads of state, all of whom flock to the hotel for the world-renowned film festival, or for a few days of unadulterated relaxation, adding their names to the star-studded guest list.

The Sicilian hotelier would be astonished to see that this 5-star hotel in Cannes, now managed by Grand Hyatt, has kick-started its most ambitious renovations works to date. Spring 2017 saw a veritable wind of change sweep through the rooms: decorator Pierre-Yves Rochon has been busy revamping them, turning them into bubbles of pure whiteness lifted by touches of blue and yellow, the colours of the Côte d'Azur. This transformation should continue on until May 2018, at which points rooms on all floors as well as the hotel bar and brasserie, should be entirely transformed. An irresistible turning of the tide, except in two of the hotel's facilities: the Palme d'or and the Spa L.Raphael. The first is overseen by head chef Christian Sinicropi (two Michelin stars), who turns each meal into a bohemian experience through his quirky plates, ceramic pieces he designs himself and has made especially for each of his individual recipes. The second brings together cutting-edge technology and science in revolutionary skin and beauty treatments.

Signature treatment

What if time was no problem? Erase the signs of ageing with Oxy Star Anti-Pigmentation. This pioneering oxygen-based treatment evens the complexion and effectively fights the signs of ageing. White truffle distributes melanin under the surface of the skin to erase age and sun spots. A collagen mask stimulates natural collagen production to firm skin and reduce wrinkles and fine lines. Skin is left soft and younger-looking.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

In March 2018 only - Offers to come

L.RAPHAEL
GENÈVE

Contacts: www.happyspaweeek-cotedazur.com

Grand Hyatt Cannes Hôtel Martinez

www.cannesmartinez.grand.hyatt.com

Mougins

Mas Candille, the art of hosting (with style)

At the foot of the village of Mougins near world perfumery capital Grasse, a little slice of heaven on earth awaits, with the Alps rising up in the distance: The Mas Candille. Tucked away in luscious grounds stretched over four hectares, this Relais & Châteaux takes its name from the Provençal word *candelou*, meaning candle. This is a reference to the characteristic shape of the cypress tree, the Mediterranean symbol of hospitality. This establishment turns hospitality into an art form, pouring heart, soul, attention to detail, imagination and talent into transforming each stay into a moment of pure bliss.

This incredible feeling is at its height in the bedrooms, charming, timeless little cocoons or paragons of contemporary style, whether you decide on a stay in the Mas itself, an 18th-century farmhouse, or whether you opt for the modern Villa, built hugging the hillside to blend seamlessly in with its surroundings. Well-being here also translates into the cuisine served up by David Chauvac, head chef at the hotel's Michelin-starred Candille restaurant, where diners are treated to subtle, delicate dishes inspired by the flavours of the Mediterranean and Japan, which the Mougins-based chef knows like the back of his hand.

This journey to the Land of the Rising Sun continues on at the Spa Candille. Guests come here for the quality of its treatments by ESPA, aromatherapy-inspired relaxation and beauty specialist. And they stay for the serenity of the Japanese garden, home to a jacuzzi, sauna, gym and hydro-therapy pool, nestled amidst luscious bamboo, Judas trees and herbs. A real garden of Eden for the present day!

Signature treatment

Tailored-made well-being! The ESPA Aromatherapy Massage runs for 60 minutes and draws on the powers of plants to enhance well-being thanks to a selection of hand-picked essential oils. Tackle: Stress, low energy, detox, relaxation or tone: you decide.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

1) Package stay including:

- 2-night stay - 2 people + Treatments

- 2 Deluxe nights with breakfast - Aromatherapy
massage

€1,390 = Happy Spa Week €690 for 2 - 50.3% discount

2) Day treatments - Based on 2 people

Discovery HB lunch menu + 60-minute discovery treatment (face or body)

Total €410 - Happy Spa Week €264 - 35.6% discount

Excluding Mondays and Tuesdays

3) Customised day treatments - Based on: 2 people

ESPA

Contacts: www.happyspaweeek-cotedazur.com

Le Mas Candille - www.lemascandille.com



Five Sea Hôtel – Cannes

Boscolo Exedra Nice



HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Bandol (Var)

Dolce Frégate Provence, cosiness by the sea



This major 4-star resort is located on the Bandol peninsula in the heart of one of France's most gorgeous vineyards, renowned around the globe for its powerful reds and elegant rosés. Yet this natural heritage is often overshadowed by another type of plant life altogether, with the immaculate, manicured green lawns lying at the heart of this establishment's excellent reputation. The hotel is home to two golf courses (18- and 9-hole), and is fringed by vines and pine trees, combining the pleasures of golfing with a feast for the eyes, thanks to no fewer than 15 different viewing points of the Mediterranean Sea.

These spectacular sea views take in all of the Embiez and Gaou islands in a single go, and as well as serving as a backdrop at the golf courses, are also visible from the hotel's rooms and suites. The latter were recently refurbished in a style that fuses the best of the Côte d'Azur (warm, deep tones) with that of Provence (pastels, clay and tiling). All the accommodation here comes complete with a terrace, ideal for lazing and day-dreaming, as well as a spot of sun-bathing. The Dolce Frégate Provence embraces the bounties of nature in its cuisine, too, with the establishment boasting several restaurants, including the Mas des Vignes. Chef Guillaume Maurice pours heart, soul and talent into working with the locally-sourced produce, from fresh vegetables and fruit to seafood. The refreshing, mouth-watering flavours on offer here were enough to win over Gault & Millau, who awarded the restaurant two stars. Another point of pride is the Var hotel's spa, a cosy space complete with gorgeous pool and two treatment booths, designed in the hotel's signature authentic, healthy style, as demonstrated by its partnership with Omnisens Paris, a rising star in the world of natural well-being, with 90% of its ingredients listed as natural and a selection of paraben-free products.

Signature treatment

Treat yourself to 2 hours of total freedom and experience the Fregate Omnisens Spa's Balade Tonique, a treatment involving a vitamin-infused scrub, a green tea detox wrap (antioxidant and draining) and a 50-minute massage.

Happy Spa Week Côte d'Azur offers

1) Package stay including:

Relaxation and Spa Holiday in Bandol - Stay from €360 for 2 people

- 2 nights in a superior double room with terrace with views and buffet breakfast,
- A 30-minute Omnisens treatment per person (per stay),
- Access to the Frégate spa: heated indoor pool, sauna, sensory shower, hot tub, herbal tea sand gym.

On Sundays, book an Omnisens treatment and get a free night at the hotel for two people (value of €111), including:

- 1 night in a superior double bedroom with terrace with view.
- A 30-minute Omnisens treatment per person
- Access to the Frégate spa: heated indoor pool, sauna, sensory shower, hot tub, herbal tea sand gym

2) Spa offers:

Esprit Golf Massage – 50 minutes – €85: A sporty, toning massage featuring deep-tissue techniques carried out with golf balls to eliminate tension.

Secret du Temps facial – 90 minutes – €110: Anti-ageing facial: intensive treatment to smooth away wrinkles and fine lines and firm the contours of the face.

Voyage des sens – Spa & Lunch – €85 per person: Get away from it all with this gift set including 2 hours of access to the Omnisens Frégate spa and a 25-minute treatment of your choosing. Relax in the heated indoor pool, indulge in a session in the sensory shower and make the most of the hot tub, gym, herbal teas and sauna before or after your treatment. Keep the experience going with lunch at the Brasserie de la Restanque (lunch menu: starter + dessert, one drink and coffee included).

Tourrettes (Var)

Terre Blanche Hôtel SPA Golf Resort, a village under the stars



The least that could be said of Dietmar Hopp is that he knows how to turn his vision into reality. The brain behind SAP, Europe's leading software corporation, the chair of Hoffenheim's football club, which he catapulted to eighth place in the German division, he is also responsible for giving us Terre Blanche. At the turn of the 21st century, he bought hundreds of hectares of woodland from Sean Connery, lost deep in the forest somewhere in the eastern Var region, between Fayence and Montauroux, turning it into an exceptional resort. This unparalleled location is a 5-star hotel, Michelin-starred restaurant, a 3,200 m2 spa and two golf courses that feature on the list of Europe's most spectacular 18-hole courses. Luxurious, generous nature, an incomparable establishment designed as a Provençal village complete with flower- and bush-lined streets, stone walls, honey-coloured villas and cottages, traditional rooftops covered in baked clay tiles, left to slowly brown under the heat of the southern sun, and gardens embraced by pine forests. The highlight of this deep communion between the hotel and its surrounding countryside is the infinity pool, designed to appear as if it is floating over the garden. Expect gorgeous views over the neighbouring hills and perched villages!

The beauty and tranquillity of the site and the attentiveness of the staff here invite you to sink back and let go of it all. A treat for the senses reflected in the dishes served up in the hotel's four restaurants, including the La Faventia, its Michelin-starred restaurant known for its refined atmosphere, where Philippe Jourdin offers diners fresh, sunny dishes drawing on the produce he painstakingly tracks down across the Mediterranean. Some may prefer to seek comfort in the spa, housed inside a large ochre farmhouse, and a gem that is often applauded by both the press and well-being industry experts who love the beautiful indoor pool, refined treatment booths (including two suites with private terrace and jacuzzi) and experienced staff.

Signature treatment

It was at Big Sur, California's hippie, new-age hub, that the revolutionary massage technique known as 'Californian massage' was first invented in the sixties. The concept is based on relaxing, sweeping massage techniques paired with a slow rhythm and gentle pressure to offer body and mind a truly relaxing experience. The Terre Blanche Spa lets visitors personalise their experience by choosing from three different beauty oils developed by KOS Paris: Jardin de l'Aube, a cocktail of rare, precious oils dominated by a green tea scent, a verbena, citrus and Argan oil version, or the tropical island flower and Argan oil version, where sensual notes of vanilla and tiare flower combine.

Happy Spa Week Côte d'Azur offers



1) Package stay including:

Accommodation and spa package - 1 night for 2 people including:

- Luxury suite, double occupancy, separate lounge and private terrace,
- Buffet breakfast at the Gaudina restaurant or continental breakfast in the privacy of your own accommodation for two,
- Access to the Albatros Golf Performance Center with unlimited practice balls,
- Free access to the spa's water features including heated indoor pool, hammam, sauna, laconicum and gym (treatments available for extra fee),
- 2 60-minute body massages at the spa.

Prices from €378

2) 'Serenity Day' package, including:

- Day access to the spa (pools, sauna, hammam, laconicum, gym, etc.),
- A 60-minute Californian massage.

Price: €101/person



Contacts: www.happyspaweeek-cotedazur.com

Terre Blanche - www.terre-blanche.com

Lorgues

Château de Berne, in vino veritas

Ask any Côte d'Azur local about the Château de Mazan, and you'll get the same reply: "Incredible wine!" The reputation of this Var estate's Côtes-de-Provence precedes it, and yet the establishment is so much more than the sum of its Grenache and Syrah vines: the grounds here are home to one of the most tranquil hotels around. Ancient sun-baked walls, mouth-watering dishes, a gorgeous pool and fragrant paths and trails evocative of Baudelaire's famous line: "There, all is only order and beauty, luxury, calm and sensuous pleasure." And there are many who would agree. Few establishments are as praise-worthy as this Relais & Château.

Welcome to the Château de Berne, where fewer than thirty rooms and suites await amidst the greenery. All share the same peaceful, tranquil atmosphere, where white dominates with flashes of gentle pearl. Pure, total softness that gives the eye welcome respite from the dazzling richness and colour of the world outside its doors.

And as you may have guessed by now, there's more. Over and above the joys of relaxation, the 500-hectare grounds here are ideal for sports and leisure activities, and come complete with six walking paths and four mountain-biking trails. There's no need to be a seasoned Rambler to get lost in the wilderness here, feeling the fragrant breeze on your skin and marvelling at the countryside. All the walking paths are easily accessible for even the most basic of beginners, ensuring all guests are given the opportunity to commune with nature.

Enhance this breath of fresh air and truly recharge your batteries with a spa session. This 800 m² space includes an indoor pool with wave machine and bend, two jacuzzis, a sauna, hammam and relaxation area with herbal teas. Prepare to be dazzled thanks to the beauty treatments provided by the spa's partner, Cinq Mondes. Incredible, unforgettable moments and pampering sessions to be experienced as a couple if you like thanks to the double treatment booth and hot tubs.

Signature treatment

The Far East is a hotbed of sensual inspiration, and the home of the art of well-being. Cinq Mondes took inspiration from this mysterious part of the world in its Papaya Purée Glow Scrub. As the name would suggest, this scrub is made from creamy papaya purée with ultra-fine particles to gently slough away dead skin cells. Finish off your beauty treatment with a relaxing massage carried out with the Tropical Nut Balm.

HAPPY
SPA WEEK
CÔTE d'AZUR
FRANCE

Happy Spa Week Côte d'Azur offers

1) Package stay including:

- 2 nights B&B for 2 people + 1 treatment per person,
- Luxury room for the price of a standard room (€330) instead of €435, breakfast included,
- 2 signature treatments.

Total price for 2 people €900 instead of €1,336

2) Signature Château de Berne treatment

€120 instead of €175 for 80 minutes, including:

- An aromatic mellow spices scrub and hydrating treatment for the body
- The face massage is a real synergy of well-being and cosmetic effectiveness, leaving skin firm and regenerated with fine lines smoothed away.
- Access to spa facilities for 3 consecutive hours.

CINQ MÔNDES
SPA PARIS

Contacts: www.happyspaweeek-cotedazur.com

Château de Berne – www.chateauberne.com

The Côte d'Azur Golf Pass: total golfing freedom!

CÔTE d'AZUR
FRANCE

This new pass gives you access to no fewer than 18 golf courses scattered around the Côte d'Azur, from the Alpes-Maritimes to the Var via Nice and the greater Toulon region. The pass aims to act as an ambassador for the region's golfing heritage and promote the vibrant and historic golfing scene here.



Golf Dolce Fregate|Provence - ©Camille Moirenc

Unveiling of the CÔTE d'AZUR GOLF PASS
25 October 2017

The pass is accessible online at www.cotedazur-golfs.com, a comprehensive platform keeping you updated on all the latest golfing news and offers on the Côte d'Azur. The website also offers all the information and press kits you need on what makes this destination so utterly compelling.

The Côte d'Azur Golf Pass Pays de Grasse is also available directly from golf courses, accommodation providers and partner hotels.

By purchasing a pass, golfers receive a temporary card that gives them access to a host of special offers and exclusive deals with golf-friendly partners covering all aspects of well-being: restaurants, high-end boutiques, beauty institutes and spas, leisure facilities, and more.

List of the 18 Côte d'Azur Golf Pass partner golf courses

- | | |
|--------------------|---------------------------|
| Golf Opio Valbone | Golf Grande Bastide |
| Golf Claux Amic | Golf Saint Donat |
| Golf Royal Mougins | Golf Valberg |
| Golf Barbossi | Golf Old Course Mandelieu |
| Golf de Taulane | Golf Terre Blanche |
| Golf Dolce Frégate | Golf Roquebrune |
| Golf Saint Endréol | Golf Sainte Beaulme |
| Golf Estérel | Golf Saint Maxime |
| Golf Barbaroux | Golf Victoria |



Contact: www.cotedazur-golfs.com



Dolce Frégate Provence — Bandol [Var]

Terre Blanche - Tourrettes



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